

CURRICULUM VITAE

MITRA ZANDI (BScN, MScN, PhDN, POST DOC.)

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PERSONAL INFORMATION

Last name, First name: Zandi, Mitra
Credentials: Professor in Nursing, BScN, MScN, PhDN, Post Doc
Work address: School of Nursing & Midwifery in Shahid Beheshti University of Medical Sciences, Intersection of Valiasr St. and Niayesh Highway, in front of Rajaei Hospital,, Niayesh Complex, Tehran, Iran.
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EDUCATION AND TRAINING

Education

School: Tarbiat Modares University
Degree: PhD
Major: Nursing Education
Dates: 2008-2012
Thesis title Motherhood process in mothers using surrogacy and developing a care model (Great Idea Award)
Advisors Dr. Zohreh Vanaki, M.Sc., Ph.D. Professor of Nursing,

School: Tarbiat Modares University
Degree: MScN
Major: Medical-Surgical Nursing
Dates: 2001-2003
Thesis title Effect of self-care program on the quality of life of patients with cirrhosis presenting to Tehran Hepatitis Center (Top Student Award)
Advisors Dr. Seyed Moayed Alavian, M.D., Professor of Gastroenterology and Hepatology.

School: School of Nursing and Midwifery, Tehran University of Medical Sciences
Degree: BSc
Major: Nursing
Dates: 1996-2000

PROFESSIONAL AND CLINICAL APPOINTMENTS

Position: Faculty Member
Institution: School of Nursing and Midwifery, Shahid Beheshti University of Medical sciences, Tehran, Iran
Dates: June 2014 – Present

Position: Faculty Member
Institution: School of Nursing and Midwifery, Qom University of Medical Sciences, Qom, Iran
Dates: Sep. 2007-Feb. 2008

Position: Faculty Member
Institution: Kashan University of Medical Sciences, Kashan, Iran

Dates: Apr. 2004 – Sep. 2007

Position: Nurse
Institution: BooAli Hospital, Tehran, Iran
Dates: 01/2001 – 04/2001

Position: Nurse
Institution: Eyvazzadeh Hospital, Tehran, Iran
Dates: Sep. 2001 – Apr. 2003

HONORS AND AWARDS

- The "International Nursing Scientist" award (due to developing of two nursing diagnoses) from the Honorable Minister of Health Dr. Einollahi, 12 December 2021
- The best idea award (doctoral thesis) from the president of Tarbiat Modares University, 2012.
- Top student (MScN), Acknowledged by Dean of Tarbiat Modares University, 2003.
- The best poster award at the Iran Nursing Conference, 2004, Tehran.

BIBLIOGRAPHY

Peer Reviewed Articles published in international journals

1. Nima Yadollahzade, **Mitra Zandi***, Soheila Sadeghi, Farzaneh Ghodsi, Aram Halimi. The Investigation into the Impact of Using SafePad on the Incidence Rate of Needlestick Injuries among Iranian Nurses; A Pre- and Post-Test Study. *Health Science Reports* 2026. Accepted. In press.
2. Moradi, B., Kakhki, A.D., Khankeh, H.R., **Zandi, M.** Exploring the reasons stroke patients do not use emergency medical services: A qualitative study. *Journal of Education and Health Promotion*, 2026; 15(1):
3. Jokar, M., Ebadi, A., Momenan, A.A., Yousefi, M.S., **Zandi, M. ***. Designing and Psychometric Properties of Self-Care Tool for Adults with Pre-Diabetes: Exploratory Sequential Mixed Method. *Nursing Open*, 2026; 13(3): e70446
4. Alimohammadiha, A., Eshghi, F., Hosseini, S., Karimi, F., **Zandi, M. ***. Clinical Validation of the Defining Characteristics of the Nursing Diagnosis "Impaired Spiritual Well Being (00454)" in Patients with Infertility. *International Journal of Nursing Knowledge* 2026.
5. Fatma Refaat Ahmed, Nabeel Al-Yateem, Aram Halimi, Atefe Salimi Akinabadi, Fatemeh Hadavandsiri, Jacqueline Maria Dias, Syed Azizur Rahman, Amina Al-Marzouqi, Aaliyah Momani, Alireza Mosavi Jarrahi, Seyed Saeed Hashemi Nazari, **Mitra Zandi**, Rawia Gamil, Mohannad Eid Aburuz. Pairing spontaneous awakening and breathing trials to improve weaning of intensive care unit patients: A systematic review. *Critical Care Nursing Quarterly*, 2025; 48(3): 237-256.
6. Amir Mohamad Nazari, Abbas Abbaszadeh, Rouzbeh Kazemi, Malihe Nasiri, **Mitra Zandi***. Design and validation of a comprehensive educational program for stroke nursing care: A mixed methods study. *BMC Medical Education* 2025; 25(1): 1056.
7. Atefe Salimi Akinabadi, Sorour Khari, Mehdi Azizmohammad Looha, **Mitra Zandi***. Correlations among family functions, lifestyles, and resilience of nurses working in COVID-19 intensive care units in post-corona era. *International Journal of Healthcare Management* 2025; 18(3):568-577.
8. **Mitra Zandi**, Hamideh Ebrahimi, Reza Ghanei Gheshlagh. Assessing educational gaps in Iran's nursing education system: A mixed-method approach to the infectious diseases curriculum. *BMC Medical Education*, 2025; 25(1), 715.
9. Kimia Miri, **Mitra Zandi***, Mahnaz Ilkhani, Tahereh Hosseinabadi, Malihe Nasiri. Assessment of the Effect of Topical 'Scrophularia Striata' Solution on Healing of Peristomal Wound in Patients Referring to Tehran Ostomy Association. *International Wound Journal* 2025; 22(4): 1-9.
10. Mozghan Jokar, Mitra Zandi*, Abbas Ebadi, Amir Abbas Momenan, Mohammad Rostamkhani. Barriers and facilitators of self-care in adults with pre-diabetes: a directed qualitative content

- analysis. *BMC Health Services Research* (2025); 25(1): 332. <https://doi.org/10.1186/s12913-025-12407-3>
11. Amir Mohamad Nazari, Abbas Abbaszadeh, Rouzbeh Kazemi, Vahid Yousofvand, **Mitra Zandi***. The effect of online training based on stroke educational program on patient's quality of life and caregiver's care burden: a randomized controlled trial. *BMC Nursing*, 958 (December 2024). <https://doi.org/10.1186/s12912-024-02629-x>
 12. Meysam Azadhosseini, **Mitra Zandi**, Malihe Nasiri, Elnaz Goodarzi, Fatemeh Estebsari, Marzieh Latifi. The Effect of Individual-based and Group-based Exercise on Loneliness in the Elderly: A Quasi-Experimental Study. *Advances in Nursing & Midwifery* 2024; 1: 1-6.
 13. Zahra Moradi Rekabdar Kalaiee, Raziye Ghafouri, **Mitra Zandi**, Malihe Nasiri. Effect of implementing of the IDEAL discharge model on satisfaction of patient referred to trauma emergency department. *PloS one* 2024 19 (6): 1-12. <https://doi.org/10.1371/journal.pone.0304969>
 14. Atefeh Salimi Akinabadi, Sorour Khari, Mehdi Aziz Mohammad Looha, **Mitra Zandi***. Correlations among family functions, lifestyles and resilience of nurses working in COVID-19 intensive care units in post-corona era. *International Journal of Healthcare Management*. 2024: 1-10 <https://doi.org/10.1080/20479700.2024.2346878>
 15. Aam Halimi, Reza Ghaneie Gheshlagh, Masoumeh Ansari, Seyedeh Soma Zakariaee, **Mitra Zandi***. Prevalence of needle-stick injury in Iranian nurses: an updated systematic review and meta-analysis of observational studies. *BMC Nursing* 2024 23(1): 268. <https://doi.org/10.1186/s12912-024-01914-z>.
 16. Mohammad Hossein Akbarpour, **Mitra Zandi***, Ladan Sedighi, Mojtaba Ghanbari Ghalesar. Impact of olfactory training on enhancing olfaction sense among patients with COVID-19 related olfactory dysfunction: A randomized controlled trial. *Journal of Research Development in Nursing and Midwifery* 2024. 21 (1), 20-23. <https://nmj.goums.ac.ir/article-1-1594-en.html>
 17. Atefeh Salimi Akinabadi, Sorour Khari, Mehdi Azizmohammad Looha, **Mitra Zandi***. The Effect of Guided Imagery and Progressive Muscle Relaxation on Sedation in Patients Undergoing Noninvasive Mechanical Ventilation. *Journal of Pain & Palliative Care Pharmacotherapy* 2024. 1-16. <https://www.tandfonline.com/doi/abs/10.1080/15360288.2024.2339211>
 18. Sahar Haghghat, Atefeh Salimi Akinabadi, **Mitra Zandi**, Aram Halimi, Homayoon Bana Derakhshan, Nabeel Al-Yateem, Aaliyah Momani, Alizera Mosavi Jarrahi, Jacqueline Maria Dias. *Asian Pacific Journal of Cancer Biology* 2024. 9(1): 41-47. <http://waocp.com/journal/index.php/apjcb/article/view/1304/2581>.
 19. Sara Dastur, **Mitra Zandi***, Masoumeh Karimian. The Effect of Virtual Self-Management Training in Communication Skills on The Level of Violence and Occupational Stress of Emergency Technicians at Shahid Beheshti University of Medical Sciences. *Journal of Health and Safety at Work* 2024; 14(1): 105-118. https://jhs.w.tums.ac.ir/browse.php?a_id=6942&sid=1&slc_lang=fa&ftxt=1
 20. Nabeel Al-Yateem, Shameran Slewa-Younan, Aram Halimi, Sara Aideed Saeed, Daniah Tliti, Muna Mohammad, Mada Ridwan, Razan Zeidan, Muna Hasan Hammash, Fatma Refaat Ahmed, Jacqueline Maria Dias, Syed Azizur Rahman, Muhammad Arsyad Subu, Heba Hijazi, Fatemeh Yeganeh, Aaliyah Momani, **Mitra Zandi**, Richard Mottershead. Prevalence of Undiagnosed Attention Deficit Hyperactivity Disorder (ADHD) Symptoms in the Young Adult Population of the United Arab Emirates: A National Cross-Sectional Study. *Journal of Epidemiology and Global Health*. 2023. <https://doi.org/10.1007/s44197-023-00167-4>.
 21. Mozghan Jokar, **Mitra Zandi***, Abbas Ebadi, Amir Abbas Momenan, Mariano Martini, Masoud Behzadifar. Adults' perceived health promotion needs in the prediabetes stage: a meta-synthesis study. *Journal of preventive medicine and hygiene* 64(4):411-428, 2023. Doi: 10.15167/2421-4248/jpmh2023.64.4.3152.
 22. **Mitra Zandi**, Sahar Dabaghi, Atefeh Salimi Akinabadi, Narges Bagheri-Lankarani, Reza Omani-Samani, Mostafa Abdolmaleki. Experiences of Mothers Receiving Donated Embryos. *Iranian Journal of Nursing and Midwifery Research* 28 (5): 559-568, 2023. DOI: 10.4103/ijnmr.IJNMR_462_20.
 23. Sahar Dabaghi, **Mitra Zandi***, Abbas Ebadi, Abbas Abbaszadeh, Camelia Rohani. Development and psychometric evaluation of the safety feeling scale in adult patients at hospital: Exploratory sequential mixed method. *Nursing Open*. 2023. DOI: 10.1002/nop2.1850.

24. Saeid Rostami, Kianoush Niroumand Zandi, Mahnaz Ilkhani, **Mitra Zandi**. The effect of breathing exercises and yoga relaxation on tension, depression and anxiety in patients undergoing coronary artery bypass graft surgery-an interventional study. *Iranian Journal of Nursing Research* 17 (6): 14-22. 2023. Doi:10.22034/IJNR.17.6.14
25. Sorour Khari, **Mitra Zandi***, Mahmoud Yousefifard. Prognostic Value of Physiological Scoring Systems in COVID-19 Patients: A Prospective Observational". *Advanced Emergency Nursing Journal* 45(1):77-85, January/March 2023. | DOI: 10.1097/TME.0000000000000445
26. Shahnaz Bolandian-Bafghi, Mohsen Adib-Hajbaghery and **Mitra Zandi**. "Nurses' experiences of the role of organizational and environmental factors in the development of love of the profession: A qualitative study". *BMC Nursing* 2022. 21(334).
27. Sorour Khari, **Mitra Zandi***, Mahmoud Yousefifard. Glasgow Coma Scale Versus Physiologic Scoring Systems in Predicting the Outcome of ICU admitted Trauma Patients; a Diagnostic Accuracy Study. *Archives of Academic Emergency Medicine* 2022; 10(1): e25. <https://doi.org/10.22037/aaem.v10i1.1483>.
28. Mohsen Adib-Hajbaghery. Shahnaz Bolandian-Bafghi and **Mitra Zandi**. Nurses' Perceptions of the Factors Contributing to the Development of the Love of the Profession: A Qualitative Content Analysis. *Nurs. Rep.* 2021, 11, 702–713. <https://doi.org/10.3390/nursrep11030066>.
29. Somayyeh Babamir Satehi, **Mitra Zandi**, Homayoon Bana Derakhshan, Maliheh Nasiri, and Tahmineh Tahmasbi. Investigating and Comparing the Effect of Teach-Back and Multimedia Teaching Methods on the Self-Care in Patients with Diabetic Foot Ulcers. *Clinical Diabetes Journal* 2021 Apr; 39(2): 146-152.
30. **Mitra Zandi**, Sahar Dabaghi, Narges Bagheri-Lankarani*, Reza Omani-Samani, Mojtaba Naderi-Taheri. Process of Becoming a Mother in Women Receiving Donated Egg: A Grounded Theory. *Asian Pacific Journal of Reproduction* 2020; 9(4):182-191.
31. Sahar Dabaghi, **Mitra Zandi***, Abbas Abbaszadeh, Abbas Ebadi. A Content Analysis of Patient Perception of Feeling Safe during Hospitalization. *Evidence Based Care Journal* 2020; 10 (2): 37-47.
32. Zahra Kolahi, **Mitra Zandi***, Roghayeh Esmaeili, Mehdi Khabaz Khoob. Effect of Angiography Room Orientation Tour on Anxiety of Patients Awaiting Cerebrovascular Angiography *Adv Nurs Midwifery.* 2020; 29 (2):7-11. doi: 10.29252/anm-25615
33. Mozghan Hajalimohammadi, Roghayeh Esmaeili, **Mitra Zandi**, Bagher Pahlavan Zadeh. Evaluation of the Effect of Caring Program Based on Roy Adaptation Model in Physiology and Self-Concept Dimensions on Fatigue of Elderly Cancer Patients Undergoing Chemotherapy. *Medico-legal Update April-June 2020; 20 (2): 262-267.*
34. Fahimeh Hasanbeygi, **Mitra Zandi***, Anoushirvan Kazemnejad, Atefeh Salimi-AkinAbadi. Evaluation of essential care skills for nurses working at the selected infertility clinics in Tehran, Iran, within 2016-2017: Nurses perspective. *Evidence Based Care Journal* 2020; 9(4): 53-59.
35. Maryam Esmaili, **Mitra Zandi***. The efficacy and complications of treatment in patients with liver cancer: A review study. *GOVARESH* 2020; 7(4): 206-216.
36. Sahar Dabaghi, ***Mitra Zandi**, Mahnaz Ilkhani. Sexual Satisfaction in Patients with Mayer-Rokitansky-Küster-Hauser syndrome After Surgical and Non-Surgical Techniques: A Systematic Review. *International Urogynecology Journal (IJU)* 2019. DOI: 10.1007/s00192-018-3854-5.
37. Azam Eshaghian-Dorcheh, ***Mitra Zandi**, Maryam Rassouli, Mamak Tahmasebi. The Lack of Systematic Training for Health Care Providers, a Challenge for Providing Pediatric Palliative Home Care: a Comparative Study. *International Journal of Pediatrics. Int J Pediatr* 2019; 7(5): 9481-96. DOI: 10.22038/ijp.2019.36751.320
38. Atefeh Salimi Akin Abadi, **Mitra Zandi***, Marzieh Shiva, Azita Pourshirvani, Anoushirvan Kazemnejad. Effect of preparation program on maternal anxiety of mothers fertilized through in vitro fertilization. *Asian Pacific Journal of Reproduction* 2019; 8(3): 137-145.
39. Atefeh Salimi Akin Abadi1, **Mitra Zandi***, Marzieh Shiva, Azita Pourshirvani, Anoushirvan Kazemnejad. Effect of Preparation for Maternal Role Program on Self-esteem of Women Undergoing In-vitro Fertilization. *Evidence-Based Care Journal* 2018; 7 (4): 63-72.
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41. Hasti Ansari Ashlaghi, Azita Pourshirvani*, **Mitra Zandi**, Maliheh Nasiri. The effect of familiar voices on levels of agitation in patients admitted to intensive care units. *Medical Science*, 2018, 22(91), 328-334.
42. **Mitra Zandi**, Essa Mohammadi*, Zohreh Vanaki, Marzieh shiva, Narges Bagheri-Lankarani, Faezeh Zareie. Confronting Infertility in Iranian Clients: A Grounded Theory. *Human Fertility*. 2017: <http://www.tandfonline.com/action/showCitFormats?doi=10.1080/14647273.2017.1283447>.
43. Seyedeh Narjes Mousavizadeh, Tahereh Ashktorab*, Fazlollah Ahmadi, **Mitra Zandi**. From Negligence to Perception of Complexities in Adherence to Treatment: Process in People with Diabetes: A Grounded Theory study. *Iranian Journal of Medical Sciences (ISI)*. 2017.
44. Fahimeh Hasanbeygi, **Mitra Zandi***, Zohreh Vanaki, Anoushirvan Kazemnejad. Investigating the Problems and Needs of Infertile Patients Presenting to Assisted Reproduction Centers: A Review Study. *Evidence-Based Care Journal* 2017; 7 (3): 54-70.
45. Seyedeh Narjes Mousavizadeh, Tahereh Ashktorab*, **Mitra Zandi**. Improvement of Adherence to Treatment in People with Diabetes: An Iranian Perspective. *Journal of Research in Medical and Dental Sciences* 2017; 5 (6): 71-78.
46. Mahboubeh Ahmadpour, Ali Darvishpoor Kakhki*, **Mitra Zandi**, Ramin Nourbakhsh. Factors Related to Functional Independence in Daily Activities of Older People with Osteoarthritis in Mashhad, Iran in 2016. *Advances in Nursing and Midwifery* 2017; 27(1):27- 31.
47. Narges Bagheri-Lankarani, Faezeh Zarei, ***Mitra Zandi** (correspond), Reza Omani Samani, Morteza Karimi. The experiences of women fertilized through egg donation during their treatment process. *Evidence-based care journal* 2016. 6(1); 63-70.
48. **Mitra Zandi**, Zohreh Vanaki*, Marzieh shiva, Essa Mohammadi, Narges Bagheri Lankarani; Security Giving in Surrogacy Motherhood Process as a Caring Model for commissioning mothers: A Theory Synthesis; *Japan Journal of Nursing Science* 2016:13(3); 295–410
49. **Mitra Zandi**, Zohreh Vanaki*, Marziyeh Shiva, Eesa Mohammadi. “Nine Centuries Waiting: The Experiences of Iranians Commissioning Mothers”. *Iranian Journal of Nursing and Midwifery Research*. May-June 2014; 19 (3): 8-16.
50. **Mitra Zandi**, Zohreh Vanaki*, Marzieh shiva, Essa Mohammadi, Narges Bagheri Lankarani, Morteza Karimi; Legal constraints of using surrogacy; *Journal of Nursing and Midwifery Sciences* 2014: 1(3): 11-23.
51. AhmadAli Asadi Noghabi, **Mitra Zandi**, Abbas Mehran, Seyed Moayed Alavian, Ali Hasanpour Dehkordi. The Effect of Education on Quality of Life in Patients under Interferon Therapy, *Hepatitis Monthly*, Summer 2010.
52. **Mitra Zandi**, Mohsen Adib-Hajbagheri, Robabeh Memarian, Anooshiravan Kazem Nejjad, Seyed Moayed Alavian*. Effects of self-Care program on quality of life of cirrhotic patients referring to Tehran Hepatitis Center, Health and quality of life outcomes, 2005.

Persian Articles published in Local Journals

53. Salimeh Akbarzadeh, **Mitra Zandi***, Sepideh Hajian, Leila Nazari, Malihe Nasiri. Quality of Patient-Centered Care from the Viewpoint of Infertile Clients in the ART Centers of the Hospitals of Shahid Beheshti University of Medical Sciences. *Iranian Journal of Obstetrics, Gynecology and Infertility* 2021 January; 23(11): 51-59.
54. Maryam Esmaili, **Mitra Zandi***. The Consequences of Transcatheter Arterial Chemoembolization in Patients with Liver Cancer. *Iranian Journal of Gastroenterology & Hepatology (GOVARESH)* 2020; 25(2): 86-91.
55. Maryam Esmaili, **Mitra Zandi***, Hossein Ghanaati. Predictive Factors of Health-Related Quality of Life in Patients with Liver Cancer *Iranian Journal of Gastroenterology & Hepatology (GOVARESH)* 2020; 25(1): 23-30.
56. Maryam Esmaili, **Mitra Zandi***. The Efficacy and Complications of Treatment Modalities in Patients with Liver Cancer: A Review Study. *GOVARESH* 2020; 7(4): 206-216.
57. Maryam Esmaili, **Mitra Zandi***. Assessing Surgical Risk in Patients with Liver Cancer in Emam Khomeini Hospital from 2019 to 2020. *Scientific Journal of Kurdistan University of Medical Sciences* 2020; 25(2): 120-131.

58. Seyyedeh Narjes Mousavizadeh, Tahereh Ashk Torab*, Fazlollah Ahmadi, **Mitra Zandi**. Barriers to adherence to therapy in patients with diabetes. *Quarterly Journal of Diabetes Nursing*. Summer 2016, 4 (3): 94-108.
59. Fariba Ebtekar, Foruzan Lahavani, **Mitra Zandi**. Emotional experiences of Iranian women with Mayer-Rokitansky-Hauser Syndrome. *Kurdistan University of Medical Sciences & Health Services, Educational and Research Deputy of Kurdistan University of Medical Sciences, Kurdistan University of Medical Sciences, the website of the Continuous Education Administration*, 2016, www.cmek.ir.
60. Azita Pourshirvani, Jila Abed Saedi*, Niloofar Nikoozad, **Mitra Zandi**. The impact of home care based on the Continuous Care Model by family caregivers on activities of daily living of stroke patients. *Journal of Nursing and Midwifery Faculty, Shaheed Beheshti University of Medical Sciences & Health Services*, Autumn 2016; 26(94): 61-73.
61. Azita Gashbasbi, **Mitra Zandi**, Zhila Sedeghi, Katayon Jahangiri. Endometriosis and sexual health: a systematic review. *Peys Research Journal*, Fourteenth year, Issue 1, Jan and Feb 2014, pp 25-40.
62. **Mitra Zandi**, Zohreh Vanaki*, Marzieh Shiva, Eesa Mohammadi. Social support systems available to surrogacy commissioning mothers: A challenge facing infertility centers. *Journal of Nursing Management*, Vol 2, Issue 4, 2013.
63. **Mitra Zandi**, Zohreh Vanaki*, Marzieh Shiva, Eesa Mohammadi. Families' experiences about legal implications of surrogacy. *Iranian Journal of Obstetrics, Gynecology and Infertility*, Aug 2012.
64. **Mitra Zandi**, Zohreh Vanaki*, Marzieh Shiva, Eesa Mohammadi. Experiences of commissioning mothers in selection of a surrogate mother. *Evidence-Based Care Journal*, Autumn 2012.
65. **Mitra Zandi**, Zohreh Vanaki*, Marzieh Shiva, Eesa Mohammadi, Narges Bagheri Lankari. Passing the stressful period of doubt and decision making: experiences of commissioning mothers to confront and accept surrogacy. *Science and Research Bimonthly of Urmia Nursing Faculty*, Issue 6, Permanent 41, Jan and Feb 2012, pp 823-807.
66. **Mitra Zandi**. The use of aromatic oils in the treatment of diseases - aromatherapy. *Nokhbegan Pezeshki Research Monthly*, Issue 8, Mar and Apr and 2010.
67. Zohreh Vares, **Mitra Zandi**, Parvin Baqaee, Negin Masoudi Alavi, Neda Mirbagher Ajorpaz. Quality of life and associated factors in patients with diabetes mellitus from Kashan Diabetes Center. *Journal of Nursing Research*, Vol 5, Issue 17, Summer 2010, pp 14-22.
68. **Mitra Zandi**. A thyroid storm - when the body shield does not shield. *Nokhbegan Pezeshki Research Monthly*, Issue 9, May 2010.
69. **Mitra Zandi**. Factor VIII, *Nokhbegan Pezeshki Research Monthly*, Issue 12, Dec 2010.
70. Parvin Baghaie, Mitra Zandi, Zohreh Vares, Negin Masoudi Alavi, Mohsen Adib Hajbagheri. Status of self-care in diabetic patients in Kashan Diabetes Center. *Feiz Research Journal of Kashan University of Medical Sciences*. Vol 11, Issue 1, Spring 2008, pp 88-93.
71. **Mitra Zandi**. Osteoporosis, the hidden epidemics of modern world. *Nokhbegan Pezeshki Research Monthly*, Issue 7, Nov and Dec 2008.
72. Ahmadali Asadi, **Mitra Zandi**, Abbas Mehran, Seyed Moayed Alavian, Ali Hassanpour Dehkordi. Effect of training on improving the quality of life of patients undergoing PDferon therapy. *Research Journal of Iran University of Medical Sciences*, Vol 14, Issue 56, Fall 2007, pp 21-28.
73. **Mitra Zandi**, Ahmadali Asadi, Abbas Mehran, Ali Hassanpour Dehkordi, Seyed Moayed Alavian. Effect of training continuous interferon therapy on the quality of life of patients with chronic hepatitis B and C. *Research Journal of Shahre-Kord University of Medical Sciences*. Vol 8, Issue 3, Fall 2006, pp 62-70.
74. **Mitra Zandi**, Eesa Mohammadi, Ahmadali Asadi, Ali Hassanpour Dehkordi, Observation of patient rights regarding consent to surgery before the surgery in patients presenting to hospitals in Tehran. *Research Journal of Ardebil Nursing and Midwifery Faculty*, Vol 7, Spring 2005, pp 20-29.
75. **Mitra Zandi**, Seyed Moayed Alavian, Robabeh Memarian, Anoushirvan Kazemnejad. Effect of self-care program on the quality of life of patients with cirrhosis presenting to Tehran Hepatitis Center. *Iran University Research Journal*, Vol 11, issue 41, supplement 1, 2004.

BOOK

BOOK CHAPTERS

1. Translator: the book of Brunner's Medical-Surgical Diseases, 2026 - Gynecology Disorders. Jamenegar Publishing House. 2026.
2. Translator: the book of Brunner's Medical-Surgical Diseases, 2026 - Nephrology Disorders. Jamenegar Publishing House. 2026.
3. Author: a chapter of the Advances in Health and Disease book. Chapter entitled "Patient-Centered Care in Infertility Patients". Nova Science Publishers, New York .2024.
4. **Author: develop of two nursing diagnoses in NANDA International Diagnosis 2021-2023: Heather Herdman, Shigemi Kamitsuru, and Camila Takáo Lopes, NANDA International Nursing Diagnoses: Definitions and Classification (2021-2023), Thieme; 12th edition (February 15, 2021).**
5. Translator: the book of Brunner's Medical-Surgical Diseases, 2022 - Reproduction and Breast Diseases. Jameenegar Publishing House. 2022.
6. Translator: the book of Brunner's Medical-Surgical Diseases, 2022 - Orthopedics Disorders. Andisheh Rafi Publishing House. 2022.
7. Translator: the book of Brunner's Medical-Surgical Diseases, 2022 – Nervous System Disorders. Andisheh Rafi Publishing House. 2022.
8. Translator: The book of Clinical Companion to Fundamental of Nursing 2021. (by Patricia A. Potter, Anne Griffin Perry, Patricia A. Stockert, and Amy Hall). Elsevier. In press.
9. Author: the book of Nursing Question Bank. Andisheh Rafi Publishing House, 2022.
10. Author: the book of Esencial awareness in using IVF. Royan Research Center Press, 2021.
11. Translator: the book of Brunner's Medical-Surgical Diseases, 2018 - Reproduction and Breast Diseases. Jameenegar Publishing House. 2018.
12. Translator: the book of Brunner's Medical-Surgical Diseases, 2018 - Orthopedics. Andisheh Rafi Publishing House. 2018.
13. Translator: the book of Brunner's Medical-Surgical Diseases, 2018 – Liver Diseases. Andisheh Rafi Publishing House. 2018.
14. **Author: a chapter of the Handbook of Gestational Surrogacy: International Clinical Practice & Policy Issues, chapter entitled "Reproductive Surrogacy in Iran". Cambridge University Press, 2016.**
15. Wrote the book of Esencial awareness in using surrogate uterus. Royan Research Center Press, 2014.
16. Translator: the book of Brunner's Medical-Surgical Diseases, 2014 - Orthopedics. Andisheh Rafi Publishing House, 2014.
17. Author: a chapter from the book of Viral Hepatitis:
18. Ahmad Ali Asadi Noghabi, Fatameh Bahrarnnejad and Mitra Zandi (2013). Viral Hepatitis, Practical Management of Chronic Viral Hepatitis, Prof. Gaetano Serviddio (Ed.), ISBN: 978-953-51-1109-2, InTech, DOI: 10.5772/55915. Available from:
19. <http://www.intechopen.com/books/practical-management-of-chronic-viral-hepatitis/viral-hepatitis>
20. Translator: the book of Brunner's Medical-Surgical Diseases, 2010 - Orthopedics. Andisheh Rafi Publishing House, 2014.
21. Edited the translated book of Brunner's Medical-Surgical Diseases, 2018 - Endocrine and Metabolism Diseases. Andisheh Rafi Publishing House, 2010.
22. Author: the book of Treatment and nursing care in cardiac arrhythmias. Salemi Publishing House, 2009.
23. Author: the book of Population and Family Planning. Andisheh Rafi Publishing House, Spring 2006, nine times reprinted.
24. Author: the book of Nursing Question Bank. Andisheh Rafi Publishing House, 2005, reprinted eleven times.
25. Author: the book of Learning Process and Principles of Patient Education. Boshra Publishing House, 2004, reprinted two times.
26. Author: the book of The comprehensive textbook of nursing. Andisheh Rafi Publishing House, 2002, reprinted eight times.

CONFERENCE PRESENTATIONS

Poster Presentation

1. Diet in cirrhosis and its effect on abdominal symptoms of cirrhotic patients presented at Eighth Iranian Nutrition Congress, Tehran, Iran. Sep. 6-9, 2004
2. Viral hepatitis in nurses presented at the Nursing Congress on Iran in 1400, Horizons and Challenges, Tehran, Iran. Nov. 30 - Dec. 2, 2004.
3. Effects of self-care program on quality of life of cirrhotic patients presenting to Tehran Hepatitis Center presented at the Fourth International Congress on Gastroenterology and Hepatology, Tehran, Iran, Dec. 5-7 2004.
4. Presenting practical solutions to control systemic symptoms in liver cirrhosis and their effect on quality of life presented at the First National Conference of Quality of Life, Tehran, Iran, Feb 2-8, 2005.
5. Effect of self-care program on reducing anxiety in patients with cirrhosis presented at Sixth National Seminar on Stress-Related Diseases, Tehran, Iran, Jun. 11-13, 2004.
6. Assessment of clinical evaluation methods by faculty members of Kashan nursing school presented at the Seventh National Conference of Medical Education, Tehran, Iran, Nov. 12-15, 2005.
7. The quality of life of patients with MI presented at the Seventh Congress on Cardiovascular News, Tehran, Iran, Jun. 19, 2005.
8. Examining hypertension symptoms based on prevalence in patients presenting to Kashan medical centers presented at the Seventh National Congress on Cardiovascular News, Tehran, Iran. Jun. 19, 2005.
9. Screening Domestic Violence presented at the Fourth Nursing Conference of Children's Diseases, Tehran, Iran, Oct. 27 – Nov. 1, 2006.
10. The challenge for nursing Child Abuse presented at the Fourth Nursing Conference of Children's Diseases, Tehran, Iran, Oct. 27 – Nov. 1, 2006.
11. The challenge for nursing Child Abuse presented at the Fourth Nursing Conference of Children's Diseases, Tehran, Iran, Oct. 27 – Nov. 1, 2006.
12. Aromatherapy in children presented at the Fourth Nursing Conference of Children's Diseases, Tehran, Iran, Oct. 27 – Nov. 1, 2006.
13. Interferon therapy and its impact on quality of life presented at the National Conference of Gastroenterology and Hepatology, Mashhad, Iran, Nov. 22-24, 2006.
14. The effect of body mass index on self-care ability of diabetic patients presented at the National Health Promotion Conference, The Role of Nurses and Midwives, Hamadan, Iran, Oct. 28-29, 2006.
15. The quality of clinical field training according to the views of nursing students presented at the Eighth National Conference of Medical Education, Kerman, Iran, Mar. 6-8, 2007.
16. Students' views on the effect of lesson plan presentation on the readiness of teachers and students in the classroom presented at the Eighth National Conference of Medical Education, Kerman, Iran. Mar. 6-8, 2007
17. Examining and comparison of the quality of life of diabetic men and women presented at the National Seminar of Health Promotion in Vulnerable Groups, Sanandaj, Iran, Apr. 25-26, 2007.
18. Self-care as a solution to improve the quality of life of diabetic patients presented at the Third Conference of Education, Health, and Quality of Life: The Role of Nurses and Midwives, Ramsar, Iran, May 31, 2007.
19. Quality of life in Patients treated with interferon-alpha (Peginterferon B®) presented at the Third Conference of Education, Health, and Quality of Life: The Role of Nurses and Midwives, Ramsar, Iran, May 31, 2007.
20. Quality of life in diabetic patients with and without visual impairment complication in Kashan diabetes center presented at the Third Conference of Education, Health, and Quality of Life: The Role of Nurses and Midwives, Ramsar, Iran, May 31, 2007.
21. The quality of clinical field training according to the views of instructors of the Kashan Nursing School presented at the First Conference of Research in Nursing, Midwifery and Paramedicine Education, Kermanshah, Iran, Jul. 17-18, 2007.
22. Remarriage in old age presented at the First Congress on Aging, Kashan, Oct. 23-27, 2007.
23. Different physical and mental status of the elderly presented at the First Congress on Aging, Kashan, Oct. 23-27, 2007.

24. Elderly diabetics and their self-care status presented at the First Congress on Aging, Kashan, Oct. 23-27, 2007.
25. Examining poly-pharmacy in elderly patients admitted to Shahid Beheshti Hospital of Kashan presented at the First Congress on Aging, Kashan, Oct. 23-27, 2007.
26. Quality of life in the elderly with diabetes presented at the First Congress on Aging, Kashan, Oct. 23-27, 2007.
27. Examining nursing students' attitude towards caring for elderly patients presented at the Third Congress on Elderly Issues in Iran and the World, Tehran, Iran, Mar. 2007.
28. Sleeping patterns and problems in 2-5-years-old children in Qom presented at the The 21st International Conference of Children, Tehran, Iran, Jun. 11-14, 2008.
29. The necessity to address the nursing position in assisted reproductive technologies presented at the National Congress on Quality Improvement in Care Services, Sanandaj, Iran, Oct. 19-20, 2009.
30. Promoting clinical education through performance-based learning and reform presented at the Second National Conference of Quality Improvement Strategies, Yazd, Iran, Feb. 22-24, 2011.
31. Surrogacy, fears and hopes in the embryo implantation process presented at the First Annual Congress on Ethics and Reproductive Rights, Challenges and Solutions to Surrogate Uterus, Royan Institute, Tehran, Iran, Jan. 4-6, 2012.
32. Psychosocial security of commissioning mothers in the waiting period presented at the Fourth National Seminar on Nursing, Midwifery, and Research, Golestan University of Medical Sciences, Gorgan, Iran, Dec. 14-15, 2011.
33. Objectivity of Dream: Becoming a Mother by Surrogacy presented at International Royan Congress, Razi International Conference Center, Tehran, Iran, Sep. 6-8, 2012.
34. Challenges of Commissioning Mothers in Iran for Selection of Surrogate Mothers presented at the International Royan Congress, Tehran, Iran, Sep. 6-8, 2012.
35. Failure to follow up the status of mothers after delivery, the missing link in the chain of care for surrogacy clients presented at the International Congress on Women's Health Promotion, Orumieh, Iran, Sep. 11-13, 2013.
36. Defective support of husbands in the process of becoming a commissioning mother presented at the International Congress on Women's Health Promotion, Orumieh, Iran, Sep. 11-13, 2013.
37. Emotional experiences of Iranian women with Mayer-Rokitansky-Hauser Syndrome: A qualitative study presented at the International Congress on Hepatitis, Tehran, Iran, 2017.
38. Hepatitis B prevention in nurses presented at International Congress on Hepatitis, Tehran, Iran, 2017.
39. Fertility after transplantation presented at the Asia and Pacific International Congress on Bone Marrow Transplantation, Tehran, Iran, 2017.
40. Indirect Patient Education presented at the 18th National Congress of the Iranian Association of Medical Oncology and Hematology, Tehran, Iran, 2019.
41. Nursing Care in Magut Therapy presented at the 4th International Congress of Wound and Tissue Repair, Islamic Azad University, Aliabad Katul branch, 2019.
42. The effect of palliative medicine on the fatigue and anxiety of nurses in the Covid-19 ward presented at the third national conference on care and treatment, 2022.
43. ...

Oral Presentations

1. Artificial Intelligence and Perspectives of Nursing Diagnosis. NANDA-I 2025 :Transformative Nursing: Knowledge in Motion, Synergy in Practice. Lisbon, Portugal. 3-6 June 2025
2. Explaining Surgical Technologists' Opinions Regarding Nursing Diagnoses Related to preoperative care. NANDA-I 2025 :Transformative Nursing: Knowledge in Motion, Synergy in Practice. Lisbon, Portugal. 3-6 June 2025.
3. The effect of propolis and honey lotion on improving diabetic foot ulcers presented at the 3rd Global Conference on Nursing and Healthcare, Italy (virtual presentation), Jun. 19-21, 2023.
4. The Comparison of Nursing Students' Perceptions of the Educational Environment at Undergraduate and Graduate levels presented at the 3rd Global Conference on Nursing and Healthcare, Italy (virtual presentation), Jun. 19-21, 2023.
5. Comparing the Quality of Life in the Remarried and the Single Elderly presented at the 3rd Global Conference on Nursing and Healthcare, Italy (virtual presentation), Jun. 19-21, 2023.

6. The relationship between family function with happiness and general health of the hemodialysis patients in Qom province hospitals 2020 presented at the BLM2-ICAM4, Malaysia, Sep. 11, 2021.
7. Osteoporosis risk factors presented at the First International Seminar on Prevention, Diagnosis, and Treatment of Osteoporosis, Tehran, Sep. 23-24, 2004.
8. Assessment of the effect of self care program on quality of life in patients with cirrhosis presenting to Tehran hepatitis center (full article) presented at the Second National Conference of Nursing and Midwifery, Client, Participation, Health, Isfahan, Khorasgan Branch, Dec. 15, 2004.
9. Fatigue and liver cirrhosis presented at the National Congress on Chronic Diseases, Lorestan, Iran, Mar. 2-3, 2005.
10. The relationship between sound pollution and hypertension in workers of cotton mills in Kashan presented at the Seventh Congress on Cardiovascular News, Tehran, Jun. 19, 2005.
11. New cardiac drugs presented at the Seventh Congress on Cardiovascular News, Tehran, Iran, Jun. 18, 2005.
12. New Cardiovascular Medicines presented at the National Congress on Cardiovascular News, Tehran, Iran, Aug. 4, 2006.
13. OAC- CPR: A new technique in CPR presented at the Tenth National Congress on Cardiovascular News, Tehran, Iran, Jun. 11-14, 2008.
14. Mothers' experiences; from denial of sterility to acceptance of surrogacy presented at the National Congress on Quality Improvement in Care Services, Sanandaj, Iran, Oct. 19-20, 2009.
15. Families' experiences about legal implications of surrogacy presented at the Second National Conference of Health Promotion Solutions and Challenges, Sari, Iran, Nov. 2, 2011.
16. The role of nursing instructors in integrating theory and practice presented at the Second National Conference of Quality Improvement Strategies, Yazd, Iran, Feb. 22-24, 2011.
17. Non-disclosure of surrogacy to the child: Solutions to protect oneself and the child presented at the First Annual Congress on Ethics and Reproductive Rights, Challenges and Solutions to Surrogate Uterus, Royan Institute, Tehran, Iran, Jan 4-6, 2012.
18. Explaining the position of nurses in the assisted reproductive technology of surrogacy presented at the National Conference of Developing Nurses' Role: A Step Towards Health Promotion, Mashhad, Iran, Feb. 5-7, 2013.
19. Seeking Security in Surrogacy Motherhood: A Grounded Theory presented at the International Royan Congress, Razi International Conference Center, Tehran, Iran, Sep. 4-6, 2013.
20. Empowering commissioning mothers in the process of becoming a mother presented at the National Conference of Education and Advice on Fertility Health, Mashhad, Iran, Nov. 18-20, 2014.
21. Embryo Donation: Exploring Experiences of Mothers presented at the 24th Congress of Avicenna Research Institute Infertility Treatment: A Journey from Diagnosis to Health Childbirth, Avicenna Research Institute, Tehran, Iran, Jan. 4-6, 2023.
22. The use of third-party assisted reproductive technologies and how to manage ethical challenges in the relationships of the parties presented at The 7th Nursing Ethics Congress (National), Ministry of Health and Medical Education, Tehran, Iran, Jan. 30 – Feb. 1, 2024.
23. ...

RESEARCH PROJECTS

Project 1

Correlation between family functioning and lifestyle and resilience in nurses working in the corona department in the hospitals of Shahid Beheshti University of Medical Sciences in 2022

Status In progress

Role Executor

Project 2

The effect of guided mental imagery and progressive muscle relaxation on the relaxation of patients under non-invasive mechanical ventilation. 2022

Status In progress

Role Executor

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| Project 3 | The effect of self-management virtual training of communication skills on occupational stress and the level of violence against emergency workers of hospitals affiliated to Shahid Beheshti University of Medical Sciences in 2022 |
| Status | Completed |
| Role | Executor |
| Project 4 | The correlation between family functioning with happiness and general health from the perspective of patients undergoing hemodialysis treatment in Qom province hospitals. 2019 |
| Status | Completed |
| Role | Collaborator |
| Project 5 | The type and intensity of perceived stress in patients with peptic ulcers. |
| Status | In progress |
| Role | Executor |
| Project 6 | (Grant) Revision of the educational content of the Infectious Diseases Unit in the Nursing Curriculum. 2019. |
| Status | In progress |
| Role | Executor |
| Project 7 | (Grant) The performance of physiological scoring systems in predicting the mortality of patients infected with the corona virus. 2019. |
| Status | Completed |
| Role | Executor |
| Project 8 | Designing a palliative home care model for children with chronic disease. 2019. |
| Status | Completed |
| Role | Executor |
| Project 9 | Comparison of the consequences related to physical and mental health in various treatment methods (microwave, arterial embolization, chemotherapy and surgery) in patients with liver cancer. 2019. |
| Status | Completed |
| Role | Executor |
| Project 10 | A comparative study of the effect of group and individual sports on the loneliness of the elderly in Alborz province in 2019 |
| Status | In progress |
| Role | Collaborator |
| Project 11 | The effect of propolis and honey lotion on the healing of diabetic foot ulcers, 2019 |
| Status | Completed |
| Role | Executor |
| Project 12 | The quality of patient-centered care from the perspective of infertility clients in Shahid Beheshti University of Medical Sciences Fertility Assistance Centers: Providing recommendations, 2019 |
| Status | Completed |
| Role | Executor |
| Project 13 | Designing and determination of psychometric characteristics of safety instruments understood by hospitalized patients, 2019 |
| Status | Completed |
| Role | Executor |

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| Project 14 | A study comparing the quality of nursing care provided by male and female nurses from the perspective of hospitalized patients in the general wards of selected hospitals of Shahid Beheshti University of Medical Sciences in 2016 |
| Status | Completed |
| Role | Executor |
| Project 15 | Evaluation of quality of life related to the health of patients with hepatitis C with cirrhosis of the liver treated with oral antiviral drugs before and after treatment in Tehran Hepatitis Center, Shahid Beheshti University of Medical Sciences, Student Research Center, 2017 |
| Status | Completed |
| Role | Executor |
| Project 16 | Factors related to functional independence in daily activities of older people with osteoarthritis in Mashhad” Shahid Beheshti Nursing and Midwifery Faculty, 2016 |
| Status | Completed |
| Role | Collaborator |
| Project 17 | “Effect of preparation for maternal role program on self-esteem and anxiety in women undergoing in-vitro fertilization”, a joint project of Shahid Beheshti Nursing and Midwifery Faculty and Royan Institute, 2016 |
| Status | Completed |
| Role | Executor |
| Project 18 | “Impact of a short-term awareness program on the attitude of nursing students of Shahid Beheshti University toward egg donation”, Shahid Beheshti University of Medical Sciences, Student Research Center, 2016 |
| Status | In progress |
| Role | Executor |
| Project 19 | “Explaining the challenges of clinical education from the perspective of operating room anesthetics undergraduate students”, Anesthesiology Research Center, Shahid Beheshti Nursing and Midwifery Faculty, 2017 |
| Status | In progress |
| Role | Collaborator |
| Project 20 | “Explaining the process of adherence to diet treatment in patients with type 2 diabetes”, Shahid Beheshti University of Medical Sciences, 2015 |
| Status | Completed |
| Role | Main Collaborator |
| Project 21 | “Endometriosis and sexual health: a systematic review”, Iranian Institute for Health Sciences Research, University of Tehran, 2014 |
| Status | Completed |
| Role | Main Collaborator |
| Project 22 | “Theoretical explanation of the security concept in families receiving donated eggs”, Royan Institute, Tehran, 2013 |
| Status | Completed |
| Role | Executor |
| Project 23 | “Explaining the process of becoming a mother in commissioning mothers and designing a care model”, Royan Institute, Tehran, Started in 2010 |
| Status | Completed |
| Role | Main Collaborator |

Project 24 “The effect of continuous education program in interferon therapy on the quality of life in patients with Hepatitis B and C presenting to Tehran Hepatitis Center”, 15.03.2005
 Status Completed
 Role Executor

Project 25 Self-care in diabetic patients presenting to Kashan Diabetes Center”, 2005
 Status Completed
 Role Executor

Project 26 “Quality of life and associated factors in diabetes mellitus patients in Kashan Diabetes Center”, 2005
 Status Completed
 Role Executor

PROFESSIONAL SERVICES

EDITORIAL BOARD MEMBERSHIP

1. BMC Nursing (ISI)
2. Hepatitis Monthly (ISI)
3. Journal of Child and Family Studies (ISI)
4. International Journal of Fertility and Sterility (ISI)
5. International Journal of Public Health (ISI)
6. Western Journal of Nursing Research (ISI)
7. Iranian Red Crescent Medical Journal (ISI)
8. Advances in Nursing & Midwifery
9. ...

Thesis advisory/counseling

Nursing Students

| Name | Course | Role | Thesis title | Status |
|---------------------|--------|------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| Narjes Mousavizadeh | PhD | Consultant | Explaining the process of adherence to diet treatment in patients with type 2 diabetes | Completed |
| Azam Ishaqian | PhD | Supervisor | Designing a home-based palliative care model for children with cancer | Completed |
| Sahar Dabaghi | PhD | Supervisor | Design and validate a questionnaire of patient's feeling safe during an inpatient hospitalization | Ongoing |
| Maedeh Hasanzelyani | MSc | Consultant | The relationship between supportive needs, comfort, and general health of patients admitted to the intensive care units of selected hospitals affiliated to Shahid Beheshti University of Medical Sciences in 2016 | Completed |

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| Mahboubeh Ahmadpour | MSc | Consultant | Factors related to functional independence in daily activities of older people with osteoarthritis in Mashhad in 2015 | Completed |
| Hasti Ansari Ashqali | MSc | Consultant | The effect of familiar tunes on reducing the agitation rate of patients admitted to intensive care units | Completed |
| Fahimeh Hasanbeygi | MSc | Supervisor | Assessment of nurses' required skills in selected fertility centers in Tehran based on nurses' viewpoints and expectations of patients presenting to the centers in 2016-2017 | Completed |
| Atefeh Salimi | MSc | Supervisor | Effect of preparation for maternal role program on self-esteem and anxiety of women undergoing in-vitro fertilization | Completed |
| Mohaddeseh Mahmoudi | MSc | Supervisor | The status quo of epilepsy monitoring units in terms of patient safety in 2017 | Ongoing |
| Mohaddeseh Mahmoudi | MSc | Supervisor | The effect of the familiarization tour on patients' anxiety before angiography of brain vessels in hospitals affiliated to Shahid Beheshti University of Medical Sciences in 2012 | Completed |
| Mojgan Haji Ali Mohammadi | MSc | Consultant | The effect of the care program on the pattern of adaptation to the fatigue of elderly cancer patients undergoing chemotherapy | Completed |
| Maryam Esmacili | MSc | Supervisor | Comparison of Physical and Mental Health Outcomes in Different Therapeutic Methods (Occupational Therapy, Surgery, Arterial and Microwave Immobilization Chemistry) in Patients with Liver Cancer Refer to Imam Khomeini Hospital Complex in Tehran in 2019 | Completed |

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|----------------------------|-----|------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| Mahin Kakolarimi | MSc | Supervisor | The prevalence and causes of occupational injuries caused by sharp equipment in hospitals affiliated to Shahid Beheshti University of Medical Sciences from 2011 to 2017 | Completed |
| Bahareh Bourbour Saheb Jam | MSc | Supervisor | Validation of “ Clinical Guidelines” of pain management in neonate admitted to NICUs | Completed |
| Fatemeh Ashtab | MSc | Consultant | Correlation between spiritual intelligence and the understanding of social stigma and self-management of patients with epilepsy presenting to Iranian Epilepsy Society in 2017 | Completed |
| Somayeh Babamir | MSc | Supervisor | Comparison of Teach-Back and Multi-Media patient education Methods in self-care of Patients with Diabetic Foot ulcers referring to Shahid Beheshti university hospitals | Completed |
| Omid Atash Bahar | MSc | Supervisor | Comparison of sexual function and sexual satisfaction in women with diabetes with poor, moderate and good control in Shahid Beheshti Medical Sciences Hospitals, 2019 | Completed |
| Elham Rasoolian | MSc | Supervisor | Investigating the effect of propolis and honey lotion on improving diabetic foot ulcers, 2019 | Completed |
| Afshin Tadrisi | MSc | Supervisor | Comparison of elderly people's quality of life after remarriage with alone elders in Tehran, 2018 | Completed |
| Rasool Shaker | MSc | Supervisor | Compare of nursing students' perceptions about the educational environment in undergraduate and postgraduate level at Shahid Beheshti University of Medical Sciences, 2020. | Completed |
| Soroor Khari | MSc | Supervisor | Comparison of Glasgow Coma Scale with | Completed |

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| | | | Physiological Scoring Systems in the Discharge Outcomes Prediction of Traumatic Patients in Intensive Care Unit. | |
| Meysam Azadhoseyni | MSc | Consultant | A comparative study of the effect of group and individual sports on the loneliness of the elderly in Alborz province | Completed |
| Salimeh Akbarzadeh | MSc | Supervisor | Assessing the quality of patient-centered care from the perspective of infertility clients in Shahid Beheshti University of Medical Sciences Fertility Assistance Centers: Providing recommendations | Completed |
| Shahnaz Bolandiyani | PhD | Consultant | Explaining the process of forming love for the profession in nurses | Completed |
| Mohammad Hoseyn Akbarpoor | MSc | Supervisor | Evaluation of the Effect of Olfactory Training on Improving the Sense of Smell of COVID-19 Patients with Olfactory Dysfunction referring to Babol city health center, 2022 | Completed |
| Mahla Ansari Manesh | MSc | Supervisor | Effect of using short message services on bowel preparation quality and satisfaction of patients undergoing colonoscopy of these services in selected hospitals of Shahid Beheshti University of Medical Science in 1400 | Completed |
| Kimia Miri | MSc | Supervisor | Assessment of the Effect of topical `Scrophularia striata` solution on Healing of Peristomal Wound in Patients Referring to Tehran Ostomy Association, 2023 | Completed |
| Nima Yadollahi | MSc | Supervisor | The effect of using a safe pad tool on the incidence of needle stick in the personnel of Imam Hossein Hospital, Shahid Beheshti University of Medical Sciences, Tehran | Completed |

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| Atefeh Mohammad poor | MSc | Supervisor | Pyschometric Study of the Persion Version of the Coping Scale for Infertile Women (CSIW) | Ongoing |
| Mojghan Jokar | PhD | Supervisor | Designing and psychometrics properties of self-care tool for adults with pre-diabetes | Completed |
| Amir Mohamad Nazari | MSc | Supervisor | Designing and Accreditation of an Educational Program for Professional Nursing Care in Patients with Stroke | Completed |
| Alireza Alimohamadiha | MSc | Supervisor | Clinical validation study of a nursing diagnosis "Spiritual distress (00066)"in infertility patients | Ongoing |
| Sara Beykzadeh | MSc | Supervisor | Validation and Accuracy of the Defining Characteristics of the Nursing Diagnosis "Ineffective Peripheral Tissue Perfusion" (00204) in Patients with Diabetic Foot | Completed |
| Maedeh Beykverdi | MSc | Supervisor | The Effect of Implementing the Flipped Classroom Teaching Method on the Pharmacology Knowledge, Performance and Satisfaction of Undergraduate Nursing Students of Shahid Beheshti University of Medical Sciences, 2024 | Ongoing |
| Narges Jafar Malek | MSc | Consultant | Investigating the belief of nurses in the emergency department of hospitals affiliated to Shahid Beheshti University of Medical Sciences regarding nursing diagnoses based on the theory of planned behavior | Ongoing |
| Nasrin Dadashi | PhD | Consultant | | Ongoing |
| Mahdi Zarei | PhD | Supervisor | | Ongoing |
| Fatemeh Hoseinzadeh | PhD | Consultant | | Ongoing |
| Leila Rahbar | MSc | Supervisor | | Ongoing |
| Ali Afshari | MSc | Supervisor | | Ongoing |

TEACHING ACTIVITIES (WORKSHOPS)

- Date: 2023
Location: Shahid Beheshti University of Medical Sciences, Students Research Center, Tehran, Iran.
Courses: Workshop of proposal writing for the students of nursing, midwifery, operating room, and anesthetics in Nursing and Midwifery Faculty
- Date: 2018 and 2022
Location: Gastroenterology Research Center, Shariati Hospital, Tehran University of Medical Sciences
Courses: Gastroenterology nursing course
- Date: 2014, 2019, and 2023
Location: Faculty of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences
Courses: Article writing
- Date: 2022
Location: Faculty of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences
Courses: The principles of conducting Journal Club
- Date: 2018 and 2019
Location: Faculty of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences
Courses: Content analysis workshop for PhD students
- Date: 2018 and 2019
Location: Faculty of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences
Courses: Workshop of "Interviewing Techniques" for PhD students
- Date: 2018
Location: Faculty of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences
Courses: Concept Analysis Workshop for PhD Students
- Date: 2019
Location: Faculty of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences
Courses: Workshop of proposal writing for the students of nursing, midwifery, operating room, and anesthetics
- Date: 2017
Location: Faculty of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences
Courses: Workshop of diabetes pharmacology for nursing students
- Date: 2017
Location: Yazd University of Medical Sciences
Courses: Workshop of qualitative research and MAXQDA
- Date: 2016
Location: Faculty of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences
Courses: Workshop of principles of writing review articles
- Date: 2016
Location: Faculty of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences
Courses: Workshop of proposal writing for master's students

Date: 2016
 Location: Mahshahr
 Courses: Workshop of patient training for nurses of Mahshahr Oil Hospital

Date: 2015
 Location: Mahshahr
 Courses: Specialized workshop of laparoscopic care

Date: 2013
 Location: Tehran
 Courses: Specialized workshop of reading skills, (in collaboration with the municipality of Tehran - certified)

Date: 2007
 Location: Faculty of Nursing and Midwifery, Kashan University of Medical Sciences
 Courses: Workshop of empowering students' research methodology

Date: 2007
 Location: Faculty of Nursing and Midwifery, Kashan University of Medical Sciences
 Courses: The 9th workshop of students' research methodology

Date: 2006
 Location: Faculty of Nursing and Midwifery, Kashan University of Medical Sciences
 Courses: The 6th workshop of students' research methodology

Date: 2006
 Location: Faculty of Nursing and Midwifery, Kashan University of Medical Sciences
 Courses: Teamwork training at workshop of students' research methodology

Leadership/ Professional Activities

- **Member of CDC in INKA (NANDA-I). 2024- Present.**
- **Coordinator of Iran Network of INKA, 2024- Present.**
- **Regular Member of INKA since 2022.**
- **Head of International Affairs in School of Nursing & Midwifery, Shahid Beheshti University of Medical Sciences, Tehran, Iran, 2022 to 2024.**
- Manager of the working groups for compiling nursing clinical guidelines and nursing diagnosis application in hospitals. Ministry of Health, 2022 -2024.
- Member of research and development committee. Ministry of Health, 2023 until now.
- Member of the PhD. nursing curriculum revision committee, representative of Shahid Beheshti Midwifery Nursing School in the Ministry of Health, 2023-2024.
- Member of the BSc nursing curriculum revision committee, representative of Shahid Beheshti Midwifery Nursing School in the Ministry of Health, 2022-2023.
- Member of the Scientific Committee of the 24th International Congress of the Research Institute of New Technologies of Biological Sciences, University Jihad- Avicenna Research center, under the title of a comprehensive look at infertility from diagnosis to the birth of a healthy baby. Shahid Beheshti University of Medical Sciences. 14 to 16 January 2023.

- Member of the nursing panel of the 24th International Congress of the Research Institute of New Technologies of Biological Sciences, Avicenna Research center, under the title of a comprehensive look at infertility from diagnosis to the birth of a healthy baby. Shahid Beheshti University of Medical Sciences. 14 to 16 January 2023.
- Member of the MS nursing curriculum compilation committee, representative of Shahid Beheshti Midwifery Nursing School in the Ministry of Health and Medical Education, (online meeting). 2019.
- Diabetes Nurse Specialist Curriculum Development Committee, on behalf of Shahid Beheshti Nursing and Midwifery Faculty, Ministry of Health and Medical Education, summer 2017-2020.
- Gastrointestinal Nurse Specialist Curriculum Committee, on behalf of Shahid Beheshti Nursing and Midwifery Faculty, Tehran University of Medical Sciences Endocrinology and Metabolism Research Center, 2017-2018.
- Ph.D. Interview Executive Committee, Shahid Beheshti Nursing and Midwifery Faculty, 2017.
- Member of Scientific Committee of the International Congress on Stem Cell Transplantation, Espinas Palace Hotel, Tehran, November 2017.
- Scientific Committee of the Eleventh Annual Congress on Coloproctology and Incontinence, Milad Hospital Hall, Tehran, November 2017.
- Research manager, Ph.D. Students, Medical-Surgical Department, Nursing and Midwifery Faculty, Shahid Beheshti University of Medical Sciences, since 2014.
- Admin of Medical-Surgical Department website, Nursing and Midwifery Faculty, Shahid Beheshti University of Medical Sciences, since 2014.
- Member of EDO Committee, Nursing and Midwifery Faculty, Shahid Beheshti University of Medical Sciences, since July 2014.
- Member of Research Committee in Medical-Surgical Department, Nursing and Midwifery Faculty, Shahid Beheshti University of Medical Sciences, since 2014.
- Member of Research Title Approval Committee, Medical-Surgical Department, Nursing and Midwifery Faculty, Shahid Beheshti University of Medical Sciences, since 2015.
- Member of Research in Education Committee, Medical Education Development Center (EDC), Kashan University of Medical Sciences, 2015-2017.
- Member of Talented Students Committee, Medical Education Development Center (EDC), Kashan University of Medical Sciences, 2016-2017.
- Scientific Committee of the 7th National Congress on Cardiovascular News, Tehran, June 17-20, 2005.
- Scientific Committee of the National Conference on Cardiovascular News, Tehran, August 3-5, 2006.
- Scientific Committee of the National Congress on Cardiovascular News, Tehran, June 21-23, 2007.
- Member of Medical Education Association, since 2005.
- Member of Authors Association (Reg. No. 20250) since 2007.